







Service	Time	Rates	Package or combined with other in clinic programs	Description	
Naturopathic consultation – 1st	1 hour	\$90.00	In-clinic rates apply to use of Far InfraRed Spa for any relaxation, pain relief, detox programs etc (referto sauna and migun below)	Includes comprehensive health assessment.	
Naturopathic consultation – follow up	½ hour	\$70.00	In-clinic rates apply to use of Far InfraRed Spa for any relaxation pain relief, detox programs etc (refer to sauna and migun below)		
Bowen – Full Body Balances	45-60mins	\$70.00	\$63.00 a session when part of an preparatory 3-session program priced at \$70/\$70/\$49 over 3 visits		
Bowen Therapy adult	Up to 30 minutes – maintenance procedures, or specific procedures for acute complaints.	\$50.00			

Bowen Therapy Child <12years	Up to 30 minutes	\$30.00			
Bowen Therapy Babies and toddlers		\$15.00; complimentary for regular clients.			
Relaxation Massage	75-80 mins	Single session \$90.00		Extended Swedish Relaxation session - includes high quality aromatherapy/ essential oils and a choice of relaxing music.	
Relaxation Massage	60 minutes	\$70.00		Swedish Relaxation includes high quality aromatherapy/ essential oils and a choice of relaxing music.	
Relaxation Massage	30 minutes	\$50.00		Swedish Relaxation - 1/2 hour back/neck/head massage – seated or table Includes high quality essential oils	
Remedial massage	45-60 minutes	\$70.00			

Remedial Massage	Up to 30 minutes	\$50.00			
Sauna	1/2 hour	\$25.00 (Towels supplied- bring you own drinks bottle) \$20.00 (bring your own towels and drinks bottle)	In clinic – when added to a massage treatment, or used in combination with a Migun massage bed session or naturopathic program \$15.00. 5 session passes available for \$75.00 (bring own towels)	Enjoy a private sauna session listening to relaxing music. Filtered water available in sauna room to fill your drinks bottle before and during your session.	
Migun beds	1/2 hour	\$20.00 (single)	In clinic- when added to a massage treatment, or used in combination with a Migun massage bed session or naturopathic program \$15.00. 5-session passes available for \$75.00	Enjoy a private migun bed session with your choice of background music or Migun with a friend. Migun:-a great thermal massage that works on acupressure points and provides gentle stretching and thermal treatment to assist with pain relief and relaxation.	
30 minutes sauna & 30 minutes Migun thermal jade massage bed	1 session	\$45.00	5 session passes available for \$150.00	Sauna: FarInfraRed for relaxation, pain relief and detoxification; Migun: -a great thermal massage that works on acupressure points and provides gentle stretching and thermal treatment to assist with pain relief and relaxation.	